



Mother
of God
Monastery

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Spirituality Offerings

January 2018

TRAVELING WITH ST. PAUL

St. Paul was significant for the early Church since his experience of the Risen Lord was central in shaping the faith of the first followers of Jesus. The series starts with a look at small church groups and the people who were the first believers. Each class will invite discussion as well reflecting and praying with sections of the letters.

Dates: Jan. 4 & 18 1:30-3:00 pm **Facilitator:** S. Emily Meisel, OSB **Cost:** Free will offering

Meeting God Within Me: Centering Prayer

Centering Prayer is a contemplative way of being silent in the presence of God. If you have a hunger for God and are looking for new ways to discover God's love for you, this day can be very helpful. No previous experience in Centering Prayer is needed—just come with a desire to pray.

Date: January 6, 9:30 AM—3:30 PM
Suggested Donation: \$30 (Includes lunch)
Facilitator: S. Emily Meisel

A Day with Julian of Norwich

The mystics of the Middle Ages experienced union with God through their prayer and visions and they can be powerful teachers for us today. Julian has been a very popular mentor because her writings reveal the love God has for each person in vivid imagery. She can help each of us in our own search for God.

Date: January 20, 9:30AM - 3:30PM
Suggested Donation: \$30 (includes lunch)
Facilitator: S. Emily Meisel

Conversation & Coffee
9:15am -10:15am

-January 10th
-January 24th

FIRE - WIND - EARTH

In the Hebrew Scriptures, fire and wind communicate the presence, power, and the passion of God. The earth and all creation is the primary image of God's presence.