



Mother  
of God  
Monastery

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# Spirituality Offerings

## April 2018

### TRAVELING WITH ST. PAUL

St. Paul was significant for the early Church since his experience of the Risen Lord was central in shaping the faith of the first followers of Jesus. The series starts with a look at small church groups and the people who were the first believers. Each class will invite discussion as well reflecting and praying with sections of the letters.

**Dates:** Apr. 5 & 19 1:30-3:00 pm - **Facilitator:** S. Emily Meisel, OSB - **Cost:** Free will offering

### Call of the Soul: The Spirituality of Soul Work

The deep call of the soul, makes us ask: "Why am I here?" There are significant turning points in our spiritual development that remain uncharted. This workshop is part informational, and part experiential of our relationship with God. We will "explore a six cycle stage" of discernment that employs prayer, mandala art, silence, and sharing as a way of deepening our encounter with the Divine within and around us.

**Date:** April 6, 7:00PM-8:30PM thru April 7, 9:00AM—3:30PM

**Suggested Donation:** \$70 room/board; Commuters: \$40

**Facilitator:** S. Jan LaPlante, OSB



### God In My Paintbrush

Experiencing God in Artistic Expression  
Creativity can guide us to surprising ways of experiencing God! No

artistic talent is required ...Just an open desire to let Scripture and paint speak to your inner being. All materials are provided.

This workshop is limited to ten (10) participants.

**Date:** April 21, 9:30AM - 4:00PM

**Suggested Donation:** \$35 (Includes lunch)

**Facilitators:** S. Emily Meisel, OSB & S. Barb Younger, OSB

Conversation & Coffee  
9:15am -10:15am

-April 11th  
-April 18th

### FIRE - WIND - EARTH

In the Hebrew Scriptures, fire and wind communicate the presence, power, and the passion of God. The earth and all creation is the primary image of God's presence.